

THE NEWSLETTER of the EAST MIDLANDS ORIENTEERING ASSOCIATION

AUTUMN 2020



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EMEWS is the newsletter of the East Midlands Orienteering Association. The views expressed in this newsletter are not necessarily those of the East Midlands Orienteering Association, nor of the Committee.

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Copy Date for next issue: 19th April 2021 for next EMEWS. Contributions are always welcome but especially by e-mail (.mikegardvo@sky.com).

Cover - Thanks as usual to Ernie for his cover. Likely kit for the next o-event.

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Notes from EMOA Meeting on 16th November 2020

The meeting was held via Zoom due to the coronavirus outbreak.

Treasurers Report - The treasurer reported that from an income perspective it had started to look like we might be getting a return to normal as we had a few events, but now we are into lockdown Part 2. There is therefore very little levy income. We may start to see membership renewal income shortly. It is hoped they will continue at a similar level to this year, but will have to wait and see. On an expenses front there has been a small update to historic expenses for Stanton Moor which was a prior year cost. There is also some income as had an expense of £93 for an event but expect this expense to come back in to account. One thing Paul has done is reduced the surplus we had in the bank (one of the reasons for the surplus had been to provide against major problems in the future which coronavirus fits in to).

Development - **Event Safety Course** -British Orienteering have created an on-line event safety course. Ranald recommends we get organisers and planners to sign up for this before the end of December (as it is free until then). It is available at https://www.britishorienteering.org.uk/index.php?pg=1195#Event%20Safety%20Course. A number of people have already said they have found the course useful. In the past workshops have included interaction which is not available currently in the on-line course. It might also be useful for some as a refresher.

Development - **Controllers Course** / **Planners Course** - Looking ahead we will need event officials. Ranald is looking at creating the controller's course as a modular on-line course, followed by some interaction at an event. This has had an enthusiastic response from British Orienteering. Mike Gardner suggested he could try and tie in the Planner's course with a similar structure and potentially have interaction between the planners and controllers.

Coaching - Currently we are seeing on-line coaching replacing actual coaching. There is quite a lot of good practice out there to assist. On the JROS website there are a number of reports

such as Deeside - https://www.jros.org.uk/lagganlia - https://www.jros.org.uk/lagganlia-2020 which illustrate this type of coaching.

Self Help Coaching - Manchester & District Orienteering Club (MDOC) has just launched a series of four short films called 'Get Out & Go' to assist Beginner's orienteering. They are available now on the club's YouTube channel and at https://gmoa.org.uk/how-to-videos/, the films show how families, runners and walkers can enjoy learning the adventure sport of orienteering using permanent orienteering courses in local parks. Hilary had seen them and thought they were good and had even put them on the NOC beginner's page.

Lockdown Comments -

Applicability of British Orienteering Operational Guidance to orienteering activities such as MapRun during the current lockdown - Orienteers are allowed to use MapRun and permanent courses and guidelines apply to you and your bubble, and can also do as a pair (1 other person not from your household). Ranald noted that significant numbers of people are doing MapRun and Sprints in pairs. MapRun does appear to have a lot of devotees, and you can print off a map and simply have a run even without the technology. You could then compare your times to others who have left their routes and times on the site.

Expectation after lockdown ends - the current expectation is that we would go to the similar rules we had before the national lockdown for the equivalent tiers. The problem is that when the government make an announcement it is often a few days later before they provide the detailed information for sports bodies. It was noted that the information was provided as guidance and not rules to comply with insurance requirements. We need to consider how external parties may perceive our sport and not do anything that paints the sport in a bad light. As we go forward we may have to consider things such as can we have a league event if part of the region is not supposed to attend (i.e. in lockdown level 3).

Additional Guidance? - The problem with additional guidance is how detailed do you get? There is good guidance around the start and finish, but trying to provide the appropriate level of guidance on urban events like, how do you plan routes through narrow alleys (can you allow courses to go both ways in alleys), how do you plan for locals out walking, etc. The rules have tried to strike a balance for now to provide guidance without too much rigidity.

Fixtures -

- 1. We have been asked if we would be interested in a MapRun League with WMOA. The committee agreed in principle assuming it was Spring/Summer next year and as long as the ability to compete at an event is over a period of time (e.g. can complete the event over a 7 day period).
- 2. Future Major Events

- i) 17 Jan 2021 East Midlands Champs 2020 LEI Hanging Hill (If LEI not in level 3 will plan to hold. There will be no prizegiving and EMOA may need to pay for engraving as next champs is only a few weeks later (we would still have both so the juniors have a chance to win their age classes).
- ii) 28 Feb 2021 East Midland Champs 2021 DVO Stanton Moor
- iii) 12 Sep 2021 East Midlands Sprint Champs NOC Southwell
- iv) 17 Oct 2021 CompassSport Cup Final 2021 DVO Chatsworth (the teams who qualified in 2020 events will go to the final in 2021) the first round events for 2021 will not take place
- v) 30 Jan 2022 Midland Champs NOC Sherwood Forest
- vi) 3 Jul 2022 Yvette Baker Trophy Final 2021 LEI Irchester (moved on a year)
- vii) 8 Oct 2022 British Schools Score Champs DVO Shipley Park

Wanted - EMOA are in need of a new Vice-Chair as we do not currently have one Please consider volunteering to fulfil this role. You can talk to any of the committee (see front of magazine) about what the role entails.

Dates and venues for future meetings – The next scheduled committee meeting is January 18^{th} . It is planned to use Zoom for the meeting. Non-committee members are welcome to attend, so please contact the minutes secretary for details if wish to attend. The following meeting is scheduled for 19^{th} April and will see closer to the time whether will use zoom or meet at the Pace Room, St Mary's Church, Clifton Village, Nottinghamshire. The meetings start at 7.30 p.m.

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Misting Problems in Orienteering

Will Smith of Loughborough University has sent the following. Please provide feedback to William via the link below:

I am currently studying at Loughborough University and am undertaking my Part \mathcal{C} personal project whereby I am aiming to design a device that reduces / eliminates misting that occurs on orienteers glasses when they compete.

I was wondering if you were able to distribute my survey about misting problems in orienteering to members of your club so that I can gain a better insight into the problem?

Here is a link to the survey:

 $\underline{https://docs.google.com/forms/d/1BQqsZXNdFYQCdG4rlmwgyozSXP7RAVm_SSqtOvuxVtY/edit?usp=drivesdk}$

William Smith (Loughborough University)

MINUTES OF THE 56th ANNUAL GENERAL MEETING OF THE EAST MIDLANDS ORIENTEERING ASSOCIATION HELD ON ZOOM ON MONDAY 14th SEPTEMBER 2020 AT 19.30.

Present: Sal Chaffey (DVO), Trudy Crosby (LOG), Ann-Marie Duckworth (DVO), Roger Edwards (LEI), Mike Gardner (DVO), Mike Godfree (DVO), John Hurley (DVO), Vic Knight (NOC), Ranald Macdonald (DVO), David Olivant (NOC), Pauline Olivant (NOC), Chris Phillips (LEI), Hilary Palmer (NOC), Amanda Roberts (LOG), Ant Squire (NOC), Ernie Williams (LEI), Ursula Williamson (LEI), John Woodall (NOC), and Paul Young (DVO).

Amanda Roberts started by welcoming everyone to our Zoom AGM, obviously the first time this way has been used to host our AGM.

1. Apologies for absence:

No apologies for absence were received.

2. Minutes of the 55th EMOA AGM held on Monday 23rd September 2019.

It was agreed that the minutes were a true record. Proposed by John Hurley (DVO) and seconded by John Woodall (NOC).

3. Standing Order Change:

There were no standing order changes submitted to this AGM.

4. Chair's Report:

I have now completed my third and final year as Chair and what a very different year it has been.

The year started off in the normal way. The first major event was the EMOA Championships hosted by LOG at Grimsthorpe Estate on 8 Dec 19, and after a very wet November the usually empty beck had become an uncrossable watercourse so courses had to be adjusted to keep competitors safe. Luckily the weather was kind to us on the day as the venue layout meant there was a 2km warm up/warm down to the remote start and finish. With the 2019 Leagues completed, it was all minds on 2020. Diaries were full with club events, EM League Events, Championship Events and the large regular orienteering festivals like the JK that we expect to attend each year.

Then Covid-19 brought everything to a halt. For most of us the last event we competed in was the CST qualifier on 15 March 2020 with all orienteering events being suspended from 17 March 2020. Both LEI and DVO qualified for the CSC Final and NOC qualified for the CST Final, a fantastic result for our region but unfortunately, the final has had to be postponed for now.

Our Clubs have all tried to entertain their members and keep up the interest despite the restrictions. DVO have run a Maprun league and put on map quizzes on their Facebook page and held weekly quiz nights. LEI have run an Up and Out initiative using their Permanent Orienteering Courses with members submitting their course times. NOC have also been using their Permanent Orienteering Courses with members comparing times on maprun. LOG used Strava and Facebook to organize scavenger hunt challenges, a virtual relay covering the region and a regular weekly quiz. Zoom/Teams meetings has become the new norm for both socialising and running our clubs – a new experience for many of us and subject to the quality of the internet in our more rural areas!

For nearly 5 months we had no orienteering competitions in the usual format, but since 1 August we have been able to run local events by adhering to the British Orienteering Guidance on resuming the sport in a COVID secure manner. Our clubs have used this opportunity to update the way they take entries and payments and organise start times for club events. Maybe it has been the catalyst needed to make changes to the way we have always done things. It has meant more effort has been put into Maprun events, and use of POC's; maybe a more appealing way to access orienteering for busy families with multiple diary clashes.

Going forward is going to be a slow business – many of the landowners/Forestry Commission etc. are reluctant to allow events to be held on their land and this had added to the already long list of reasons they have to turn down access. The latest casualty to be announced is that JK 2021 is cancelled, primarily due to being unable to secure access. Some League events may be able to go ahead – unfortunately the EMUL has to date only had 1 event, with hopefully 3 events that will be able to be take place – so 4 in total. The EML has had 6 events, with a further 4 events hoping to go ahead – so 10 in total. Whether the Leagues will be completed this year or just run on through 2021 is still to be decided.

During all this there has been some good news. Ernie Williams (LEI) and EMEWS (Produced by Mike Gardner, DVO) were awarded the Cover of Year Award in the Compass Sport 2019 Newsletter Awards, recognising that Ernie has produced covers for over 36 years. Paul Murgatroyd (LOG) was awarded the Coach of the Year in the BOF Awards for his contribution to training within the sport.

Thanks to the hard work put in by Anne-Marie Duckworth (DVO) and Ant Squire (NOC), EMJOS had a structured training programme in place to ensure our Juniors had the best chance of doing well over the year. Unfortunately, again, a lot of this has had to be cancelled or reorganised for small groups. Some of the notable successes over the year are:

Jake O' Donnell (DVO) was selected for the England M 14 Team at Interland 2020. Rachel Duckworth (DVO) and Hannah Mather (LOG) also went as travelling reserves.

Both Ben Squire (NOC) and Rachel Duckworth (DVO) are members of the Junior GB Talent Squad. And it is so disappointing for Ben and Rachel, who were recently selected to represent GB at the European Junior Orienteering Championships in Hungary, that the event has now been cancelled

EMOA are pleased to have been able to support these young orienteers. EMJOS have also been fundraising. They ran the Strawberry Hill league event not only to raise funds for their Swedish Tour in Summer 2020 but to give their members experience in organizing events. Unfortunately, this Swedish Squad Trip has been postponed to another year.

BOF ran an excellent Development Conference, attended by 7 of our members, in January. But Covid-19 has meant that the EMOA Planners and Controllers Course and Development Conference have had to be postponed. In the meantime, Ranald Macdonald (EMOA Development Co-ordinator, DVO) has been producing bite size articles covering key planning points and reviewing Rules and good practice for EMEWS.

Finally, I would like to thank the Committee, Club Reps and Job Holders for their contribution over the last 12 months. It has been a strange year when a lot of planned events have had to be cancelled and it is difficult to get enthusiastic about future events when there is continued uncertainty that they will go ahead. But the more we are prepared the quicker we can react when the restrictions are lifted. Particular thanks must go to Chris Phillips (Vice Chair) for his support over the last 3 years; Ranald Macdonald, who kindly took on the role of Development Officer; Mike Gardner (Secretary) who really does deserve a long service award for his commitment to this role and the production of the EMEWS; Ursula Williamson (Fixtures Secretary) for her continued work liaising with the Events Scheduling Group and club fixture secretaries, and finally, Paul Young who took over the role of Financial Secretary at the last AGM.

Amanda Roberts

5. Financial Secretary's Report

Paul Young circulated the accounts before the meeting. Below are Paul's accounts with in italics comments raised during the meeting.

Membership

Membership as at 15 August 2020 is down by 78 members. *Membership has continued to decline which is not a healthy sign for the region. Most memberships are renewed Jan / Feb so the figures may not have been impacted too much by COVID. It is sad that we are seeing this trend.*

	Members	Units
2020	504	367
2019	582	422
2018	604	425
2017	613	427
2016	648	444
2015	660	445
2014	690	459
2013	687	444
2012	802	464
2011	838	477

2020 figures compared with 2019

	2020	2019
Senior	267	295
Junior	10	25
Family	90 (161s, 66j)	102 (178s, 84j)
Totals	367 units	422 units

2018/2019 Accounts

The EMOA year end is 30th June 2020, Roger Edwards has reviewed the accounts and issued the following statement

"I confirm that the accounts for the year ending 30th June 2020 are consistent with the underlying records of the Association" Roger Edwards CPFA

Roger was thanked for being the independent financial examiner of the accounts and for all his support over a number of weeks in helping Paul present them.

EMOA generated a surplus of £2,018.87 for the 2019/20 year. The Budget was for a loss of £(385.00).

Material variances to the budget are set out below:

- Membership Year on year membership of EMOA clubs reduced in all categories. The majority of renewals taken place from November to February; it may be that some members were put off by the emerging concerns of COVID-19 in the early part of 2020.
- Event Levies A number of events had to be cancelled or delayed during the 2019/20 year in the first part due to extreme weather conditions and in the latter part by COVID-19 restrictions.
- Sponsorship Income The Budget assumed a catch up in income for 2018/19 and 2019/20 in relation to EMEWS sponsorship. Unfortunately, the previous sponsor ceased trading and a replacement has not been found.
- EMJOS income and fundraising Income relating to EMJOS was higher than budgeted, largely due to the Strawberry Hill event.
- EMJOS expenditure Expenditure was lower than budgeted largely due to the impact of COVID-19 on the number of training events which could be undertaken during the year.
- Other costs Expenditure in the following areas were lower than budgeted; volunteer development, external conferences, coach development and support for talent. This was due to a combination of fewer opportunities during the year and very limited activity after March 2020 due to COVID-19 restrictions.

This is my first year as the treasurer and I wish to thank Mark for his support in the handover of the accounts.

2019/20 Income from event levies.

LEVY INFORMATION 2019/20

Event	2019/20 Income (less £25)	Seniors 50p	Juniors 10p
East Midlands Urban League 2019/Race the Castles (UKOL) Lincoln City	91.40	229	19
British Sprint Championships (UKOL) Loughborough University	283.00	569	235
British Middle Distance Championships (UKOL) Chinley Churn	363.10	751	126
East Midlands Urban League 2019 Retford	22.70	94	7
East Midlands Urban League 2019 Ashby Urban	21.40	90	14
East Midlands League 2019 Longshaw	42.30	125	48
East Midlands League 2019 (cancelled) Shirebrook Wood	0.00	0	0
East Midlands Urban League 2019 University of Nottingham	59.70	164	27
East Midlands League 2019 Allestree Park	43.00	130	30
East Midlands Championships 2019 Grimsthorpe Castle	52.40	147	39
East Midlands League 2019 Cademan and Thringstone Woods	66.70	179	22
East Midlands League 2019 Sherwood Pines	89.10	222	31
East Midlands Urban League 2020 Wirksworth	47.30	141	18
East Midlands League 2020 Strawberry Hill (EMJOS)	54.70	152	37
East Midlands League 2020 Castle Hill Country Park	65.90	177	24
East Midlands League 2020 Harlaxton	21.10	90	11
East Midlands League 2020 Bramcote Hills & The Hemlockstone	60.90	166	29
East Midlands League 2020 Lindop Woods (re-scheduled from 9th February	y 49.70	144	27
East Midlands League 2020 Linacre	70.70	185	32
Totals	1,505.10	3,755	776

The total event levy income show above is reported as follows within the accounts:

Event Levies £1,450.40 EMJOS Fundraising £ 54.70 **Total** £1,505.10

Levies

				Sen	iors	Juni	ors
	Events	Levy	Entrants	Qty	%	Qty	%
2019/20	19	1,505	4,531	3,755	83%	776	17%

2018/19	24	1,502	4,739	4071	86%	668	14%
2017/18	25	1,367	4,560	3840	84%	720	16%
2016/17	30	1,747	6,093	4718	77%	1375	23%
2015/16	32	2,036	6,917	5360	77%	1557	23%
2014/15	24	1,665	5,744	4497	78%	1247	22%
2013/14*	24	1,153	5,941	3868	65%	2073	35%
		*713 juni	ors 0 Senior	s at Shipley	Park Event		
2012/13	24	1,413	6,121	4671	76%	1450	24%
2011/12	22	963	4,973	3675	74%	1298	26%

There are mixed feelings about the generated surplus in the accounts. Predominantly it reflects the fact that EMOA has raised money but not been able to use it. Often the first 9 months of the financial year are where funds are generated and the final 3 months are when the funds are spent funding coaching, trophies, conferences and junior squad expenses. However, with COVID the impact has been that EMOA has not spent the funds it has generated. We had expected to make a small loss, but both the Accounts and the Junior Squad have seen a small increase in reserves. Paul also thanked Mark Webster for his support during the handover period.

Questions – The event at Strawberry Hill was an EMJOS event and were the funds ring-fenced for the junior squad. Yes, the funds were ring fenced for the Junior Squad.

6. Election of Principal Officers:

John Woodall took the chair for the election of principal officers and thanked Amanda for all her hard work as chair over the last 3 years.

John stated that the following were the proposed nominees to stand as principal officers next year:

Post	Nominee
Chair	Chris Philips (LEI)
Vice-Chair	
Financial Secretary	Paul Young (DVO)
Development Officer	Ranald Macdonald (DVO)

The meeting agreed unanimously with the proposed principal officers. It was suggested we need to try to find a new vice-chair as soon as possible.

7. Other EMOA Officers:

The club representatives on the EMOA Committee are nominated by clubs. Members holding non-elected roles with the association are currently:

Post	Nominee
Mapping	David Olivant (NOC)
Coaching	Hilary Palmer (NOC)
EM Junior Squad	Ann-Marie Duckworth (DVO), aided by Ant Squire (NOC)
EM League	Ursula Williamson (LEI)
Urban League	Ursula Williamson (LEI)
Regional Fixtures Secretary	Ursula Williamson (LEI)
President	John Woodall (NOC)
Minutes Secretary	Mike Gardner (DVO)
EMEWS Editor	Mike Gardner (DVO)
Webmaster	John Cooke (DVO)
National Forest	Roy Denney (LEI)

The last two need to be confirmed with the named people but hopefully they will continue in their roles.

8. Appointment of Independent Financial Examiner:

Roger Edwards agreed to continue as Independent Financial Examiner for the next year.

9. Approval of Balance Sheet and Income and Expenditure Statement:

The proposed Budget for the year 2020/21 is set out below for the A.G.M.

Despite the significant impact which COVID has had on Orienteering across the EMOA region the 2019/20 accounts show an increase in reserves. EMOA and EMJOS both remain in a good financial position. I believe the Budget below reflects a sensible balance, enabling EMOA to continue to support development of EMJOS along with providing financial support to East Midlands' orienteers in the areas of coaching, development, and continuation of the regional leagues.

The outlook for the year ahead continues to remain uncertain. BOF has indicated to members that there will be no extension to the 2020 Membership term, nor any reduction or waiving of those fees for 2021.

It would not be unreasonable to forecast a reduction in orienteering events across the EMOA region and / or limitations, on the grounds of safety, on the number of participants for said events.

These factors, combined with the limited number of traditional organised events over the last six months will likely lead to a reduction in memberships.

Membership fees make up a significant percentage of the EMOA funding in any given year; I do not propose making any changes to the existing membership fees. Therefore the fees are proposed to remain as follows:

Senior membership fee £3; Junior membership fee £1; Associate membership fee is £10; and Club membership fee is £15.

Event levy income, from category C and above events, is likely to be less predictable in the year ahead. I propose event levies also remain unchanged for the 2020/21 financial year. 50p per adult and 10p per junior with the first £25 continuing to be retained by the organising club.

Advertising income previously earned from Ultrasport is no longer forecast due to the company having ceased trading during the 2019/20 financial year.

The EMOA contribution to junior squad spending shall be restricted to a maximum loss of $\pounds(1000)$, any extra spending to come from their deposit account and/or specific fundraising.

Support for volunteer development, external conferences, coach development and orienteer talent is forecast in line with previous year's Budgets.

The proposed EMOA Budget for 2020/21 is a loss of £(1,830)

East Midlands Orienteering Association FY 2020/21 Budget v0.2

INCOME	2019/20	2019/20	2020/21	
	Budget	Actual	Budget v0.2	Var
Membership	1,500.00	1,386.00	1,200.00	(186.00)
Event Levies	1,600.00	1,450.40	700.00	(750.40)
Interest	5.00	5.91	0.00	(5.91)
Sponsorship and other income	200.00	100.00	0.00	(100.00)
EMJOS Income	1,000.00	1,292.70	1,000.00	(292.70)
EMJOS Clothing Sales	60.00	0.00	0.00	0.00
EMJOS Fund Raising	150.00	628.50	75.00	(553.50)
INCOME	4,515.00	4,863.51	2,975.00	(1,888.51)
EXPENDITURE				
Regional Development Plan				
Junior squad – expenses	2,150.00	1,468.10	1,000.00	468.10
Trophies & certificates	200.00	187.36	200.00	(12.64)
Volunteer development	600.00	0.00	600.00	(600.00)
Community Coaching dev.	0.00	0.00	0.00	0.00
External Conferences	100.00	0.00	100.00	(100.00)
Support for senior/talent orienteers	1,000.00	700.00	1,000.00	(300.00)
Coach development	300.00	0.00	300.00	(300.00)
EMJOS	0.00	0.00	1,000.00	(1,000.00)
Sub total	4,350.00	2,355.46	4,200.00	(1,844.54)
Running costs				
Mapping				
Phone, post and web license	25.00	22.18	25.00	(2.82)

			EMEWS		
Hire of meeting room	125.00	80.00	180.00	(100.00)	
English Orienteering Council	400.00	387.00	400.00	(13.00)	
Sub total	550.00	489.18	605.00	(115.82)	
EXPENDITURE	4,900.00	2,844.64	4,805.00	(1,960.36)	
Surplus / Loss	(385.00)	2,018.87	(1,830.00)	(3,848.87)	
Balance Sheet 30 June 20x	XX				
		2019/20	2020/21	Var	
Current		9,335.11	7,407.93	(1,927.18)	
Bond		0.00	0.00	0.00	
Junior squad deposit	_	3,808.72	3,883.72	75.00	
		13,143.83	11,291.65	(1,852.18)	
Website Costs		(22.18)	0.00	22.18	
DVO map contribution	<u> </u>	600.00	600.00	0.00	
	<u> </u>	13,721.65	11,891.65	(1,830.00)	
Represented by					
Accumulated fund		11,702.78	13,721.65	2,018.87	
add surplus / (loss)	<u> </u>	2,018.87	(1,830.00)	(3,848.87)	
Carry forward	<u> </u>	13,721.65	11,891.65	(1,830.00)	
Note clothing stock tops		Negligible	Negligible		

The draft budget was circulated in advance, but obviously there is some uncertainty on key income streams.

Amanda and Paul attended the EOC AGM. The charge in the accounts for the levy for EOC is dependent on whether the Home International takes place in the Autumn. It is unlikely these fees will be paid.

The EMJOS expenses have gone down simply because the main expense is normally minibus hire and with COVID this will probably not be used much this year.

Amanda stated that the projected income and expenditure is a best guess, but the committee will keep an eye on thins throughout the year as events develop.

The intention is to continue to support talent and it was nice to be able to provide support to Rachel and Ben attending the European Junior Orienteering Championships, though it looks like the event will now not take place

The proposed fees and income and expenditure were proposed to be accepted by the meeting

Proposed: John Hurley (DVO) Seconded: Ernie Williams (LEI)

This was agreed by the meeting.

10. Plans for Coming Year:

Chris Phillips as new chair took over for this part of the meeting.

Chris started by thanking Amanda for her three years as chair. She was very nervous at the start but has led us well over the last 3 years.

Some clubs are now starting to host events, almost a little like pre-March. However, we need to recognise that a significant number of members are not yet willing to participate. However, orienteers are good at adapting to change and the sport has done well adapting to meet COVID requirements. Whether the sport progresses to normality will depend on COVID and what happens in the near future. Permission from landowners will be key, and some may refuse permission for their own reasons.

Within the region we have plan for a number of level C events which may take place if there is no further crackdown. Our program is based around the 2 leagues and the EMOA Champs. All events are submitted to Ursula as Fixtures Secretary. Hopefully we will get back to competitive orienteering soon. The East Midlands Champs are planned for the end of November and permissions have been given by the landowners, so it is hoped this will go ahead.

The official's conference planned for this year has been postponed to next year.

Maprun has come in and enables people to get out and do a type of orienteering. I even know of at least one person who has gone out and bought a new phone just so they can orienteer.

I want to thank Ann-Marie and Ant for all their work with the Junior Squad. They are even beginning to host training for squad members again. Club coaches are also getting inventive about how to deliver training. It will be a challenging year going forward but we will rise to that challenge.

Chris Phillips

11. Any Other Business:

- It was agreed that Paul Young would respond to the BO with completion of the Annual Association Return.
- Hilary Palmer wanted to let people know that she is starting to think about coaching webinars instead of having a coaching conference. If people have any ideas for videos could they let Hilary know as soon as possible.
- Ranald Macdonald had updated the article he had written in EMEWS on event rules for CompassSport. They have asked him to produce a series on this sort of topic, so if anyone has any ideas for such articles can they let Ranald know.

12. Close of formal meeting:

The meeting was formally closed at 20:35.

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EMJOS Summary January to November 2020

Highlights of the year:

Plans for a joint <u>East and West Midlands summer tour</u> to Sweden started in the late summer/autumn 2019 and developed to quite a late stage – even buying flights and confirming training based around the Sodertalje club hut (south west of Stockholm). Aiming to finish with the huge junior night/day relay competition on the last weekend (U10 Mila race (HD 18 - 10 person relay)).

To raise funds NOC donated one of their events (Strawberry Hill, Mansfield 5^{th} Jan 2020) for the squad to organise and host a Level C event.

Ben Squire planned, Steve Kimberley was controller and Ann-Marie Duckworth was organiser, but all the active juniors took on the key roles for the main jobs and coordinated their junior/adult helpers. The courses and event were highly praised by competitors. The money raised has been banked and will go towards the tour in the future -see later section for our plans for 2021.

Training:

Summary: We have had 5 local training sessions, one EMJOS weekend away for pre-JK training in the North York Moors and 2 very successful join ups with other squads for training on high quality moorland areas.

Martinshaw Woods (LEI) 30th November 2019

6 juniors took the opportunity to run the exercises in the woods, practicing leg planning and simplification.

YHJS Warncliffe 14th December 2019

An invite to join the other squad training day was taken up by 4 EM juniors, one from each regional club. The feedback was that it was a tough day given the rough boldery terrain and the driving rain/sleet.

Joint EMJOS, WMJS and Y&HJS training at Big Moor (SYO area) and Stanton Moor (DVO)

1st & 2nd February 2020. Approximately 50 juniors and a few elite athletes, tackling a range of technical skills on the intricate and rocky moorland areas. Skill level from a rising Light Green through to the elite level, with the exercises available to challenge both levels. Thanks to both sets of planners and organisers.

Piggy backing on the end of the DVO event at Lindop (Chatsworth Estate) we had another afternoon session working on the techniques for rough plantation wood running on steep slopes (contours in the dark). A good turn out of 8 juniors but maybe some were feeling the tiredness in their legs after their course run earlier.

Pre-JK training weekend (7^{th} & 8^{th} March) was on the EBOR area Hutton Lowcross, with the over night stay at Dishforth Hall again. The long afternoon and morning sessions allowed the athletes to become familiar with the type of terrain in this area of the country and the style of mapping.

Summer training (COVID-19 measures in place): Bramcote Park (NOC) 27th June, Beacon Hill (LEI) 25th July and Grinlow Woods (DVO) 23rd August, all used our local "park" areas where permissions were still permitted. The focus each time was back to the basics but also teaming up people with similar fitness levels to practice the "race" feeling in preparation for the selection races in the Lakes for the European Junior O Champs.

Selections to Junior Competitions

JROS summer camps:

<u>Lagganlia</u> - Jake O'Donnell (DVO) and Hannah Mather (LOG) - the online format was excellently presented - Hannah beamed with delight when she told us a bit about her sessions.

Deeside - Libby Barber (LEI) - online format too, with a mix of technical, physical and fun games.

Continued presence in the <u>Talent squad</u> (Tier 1) for Ben Squire and Rachel Duckworth.

And both got the call up for the (EJOC) <u>European Junior Orienteering Champs</u> (Hungary 2020) (postponed) - both realise they have the talent to succeed, it was just not their year to show it off at a competition.

Future events and development

Adding a virtual training session next weekend (21^{st} Nov)- suggestions for activities that work well on a Zoom meeting came flooding in from the JROS AMG meeting held last Saturday.

Training session: LOG area late December (19th Dec South Common Lincoln).

Tour 2021 - a few ideas have been presented to the squad to sound out interest. Since it is Scottish 5-days with JROS camps as well, it was felt that a tour abroad would not be easy to add to the calendar/family budgets. So, options included adding days to the JK'21 long weekend,

adding days to the JROS camp + Scottish 5-days, or another format. In September it was decided not to do any more planning until the new year when EMJOS and WMJS will meet again and see what is possible.

Looking at the transition from junior club runner into the junior squad - the small numbers in the region means that they become more precious to develop and provide them with the skills to keep them <u>happy running</u> on more technical courses.

Ideas: Liaison with clubs to identify juniors; putting on a series of sessions for their development. Advertise our presence and activities/competitions we do over the year (remembering how the JROS tent at JK made a difference).

Other regional junior squads reported that they too have lowered the age and technical ability to bolster the numbers coming into the main (competition) squad.

Ann-Marie Duckworth - East Midlands Junior Squad coordinator And Anthony Squire lead EMJOS Coach - November 2020

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Orienteering Foundation Report

During this difficult year, the Orienteering Foundation has continued operate, but like the rest of the country with a lot of the discussions via email and meetings via Zoom.

Latest news

- The Foundation commissioned a new POC video, it was available to clubs, if you haven't seen it, <u>link</u> Ideal to show friends how to get started on a POC.
- To encourage high quantity grant applications, the Foundation requested Expression of Interest for 2 projects, a Club development officer and Coaching support. This has culminated in a partnership with CLOK to help fund a part time development officer. <u>Full</u> details
- More information on the Coaching project soon.
- The Foundation were sorry to hear that WYE club had decided to suspend the club but were grateful to receive a significant donation from them, more information <u>link</u>.
- A grant has been given to support orienteering development in the Lochaber area to capitalising on the forthcoming Scottish 6 days.

If you would like to read any more about this news or would like to find out more about the Foundations work please see their web site, www.orienteeringfoundation.org.uk or contact me if you would like to discuss anything further.

Pauline Olivant - Trustee Orienteering Foundation

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National Forest Report

You have not had a National Forest report for some time for the simple reason we have not been meeting.

Meetings are now only every 6 months as the Forest has matured and new areas less in number but I remain one of the core team. We were about to meet when the first lock down came so it is now the better part of 13 months since we did meet.

However a lot of the NF effort for the last two years has been in preparing for and eventually winning a lottery bid for the Charnwood Forest end of the overall area. The NF and County and 3 district councils 7 years ago formed a Charnwood Forest Regional Park and I was invited onto the board where I remain, to represent the voice of the user groups and ordinary users of the park. We now have £3,200,000 to spend over the next 5 years. This group is still active although board meetings are by zoom at present. We have two staff recruited, one part time, and are advertising for a coordinator to assist and monitor 9 projects under our umbrella.

As far as orienteering is concerned connectivity is high on the agenda with improved access also in there. We are to try and initiate links between smaller areas and there are a few good areas where we are to try and encourage (bribe?) the provision of access. Ives Head for example.

One useful link is that there will be an off-road link between the Outwoods and Beacon Hill (about 800 yards) perhaps allowing both areas to be used together. There will also be some sort of shelter come information point and teaching area created in Swithland Woods which might make a good place to have starts for events

Apart from this the NF have acquired and planted up a new area about half a mile from Beacon Hill It has good landform features as well. Only big enough for local events and training it is a bit far from Beacon to use with it but if we can create a better off road link to mitigate that dead running it could be used with Beacon.

If this, Beacon and the Outwoods could all be used together along with the two smaller sites, Martins Wood and Felicity's Wood both conjoining Beacon, we could certainly have some good long courses.

Things are difficult but we can look forward to a return to some sort of normality and in the meantime try and enjoy Christmas as best we can.

A few quarantinies perhaps, during locktail hour and a furlough Merlot

Roy J Denney, National Forest Representative

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East Midlands Urban League 2020

The EM Urban League for 2020 is shown below. These are the final scores for 2020.

While the forest league takes into account age, the urban league is based on age class so more difficult to combine across 2 years. The lists below are the final standings for this league. We won't be awarding prizes as not everyone got a chance to compete as events were only in Derbyshire and Lincolnshire. The 2021 league will start from scratch. Only EMOA competitors are shown below:

	• • • • • • • • • • • • • • • • • • • •	. ,	
1	01/01/2020	Wirksworth	DVO
2	03/05/2020	The Meadows & Wilford Village (UKUL)	304
3	31/05/2020	Barrow on Soar	LEI
4	14/06/2020	To be re arranged	LEI
5	28/06/2020	Belper	OVO
6	16/08/2020	Lincoln City UKUL	LOG
7	27/09/2020	Clifton NW	NOC
8	01/11/2020	Woodhall Spa	LOG



Buffwear

Junior Men

	Name		Club	best 4	UL1	UL6	UL8
1	Jake O'Donnell	M14	DVO	100/1	100		
2	Ben O'Donnell	M16	DVO	96/1	96		
3	Peter Birchall	M12	DVO	91/1	91		

Junior Women

	Name		Club	best 4	UL1	UL6	UL8
1	Hannah Mather	W14	LOG	100/1			100

Open Men

	Name		Club	best 4	UL1	UL6	UL8
1	Philip Johnston-Davis	M45	RAFO	284/3	88	96	100
2	Mike Chapman	M40	LOG	189/3	0	93	96
3	Craig Lucas	M21	LOG	181/2	90	91	
4	Tom George	M21	LOG	179/2		88	91
5	Nerijus Rozkovas	M21	DVO	176/2	89		87
6	Alistair Thornton	M21	LUOC	100/1	100		
7	Richard Robinson	M35	NOC	96/1	96		
8=	Liam Harrington	M21	LOG	93/1			93
8=	Chris Millard	M35	DVO	93/1	93		
10	Chris Clay	M40	LOG	89/1			89

Open Women

	Name		Club	best 4	UL1	UL6	UL8
1	Andrea Page	W40	LOG	282/3	96	90	96
2	Alison Wright	W35	LOG	184/2	93		91
3	Anna-Kaisa Koskela-Brook	W35	LOG	179/2		89	90
4	Leah Williams	W21	LUOC	100/1	100		
5	Kate Lowndes	W21	DVO	91/1	91		

Veteran Men

	Name		Club	best 4	UL1	UL6	UL8
1	Ian Crowe	M40	LOG	272/3	88	91	93
2	Andrew Selby	M45	DVO	256/3	84	84	88
3	Paul Murgatroyd	M50	LOG	200/2	100		100
4	John Mather	M50	LOG	181/2		90	91
5	Murray White	M50	DVO	178/2		89	89
6	Alastair Paterson	M50	LEI	173/2	87	86	
7	Andrew Barker-Pilsworth	M50	RAFO	170/2		83	87
8	Adrian Moseley	M50	RAFO	168/2		82	86
9	Richard Parkin	M50	DVO	96/1		96	
10	Alastair Jenkins	M45	RAFO	96/2		0	96

Veteran Women

	Name		Club	best 4	UL1	UL6	UL8
1	Tanya Taylor	W50	LOG	296/3	100	100	96
2	Claire Selby	W45	DVO	272/3	90	91	91
3	Hayley Fox	W45	LOG	186/2		93	93
4=	Helen Parkinson	W50	NOC	96/1		96	
4=	Ann-Marie Duckworth	W50	DVO	96/1	96		
6	Helen Chiswell	W40	DVO	93/1	93		
7	Jane Dring-Morris	W50	LEI	90/1		90	

Supervet Men

	Name		Club	best 4	UL1	UL6	UL8
1	Andrew Ridgway	M55	NOC	292/3	96	96	100
2	David Vincent	M55	DVO	269/3	89	89	91
3	Francesco Lari	M55	DVO	187/2	91		96
4	Nick Lyons	M65	LOG	172/2		84	88
5	Richard Naish	M55	DVO	171/2	83	88	
6	Andrew Wallace	M60	NOC	170/2		83	87
7	Sean Harrington	M60	LOG	168/2		82	86
8=	Mick Lucking	M60	NOC	93/1	93		
8=	Paul Hudson	M55	NOC	93/1		93	
10	Dave Chaffey	M55	DVO	91/1		91	

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Supervet Women

	Name		Club	best 4	UL1	UL6	UL8
1	Amanda Roberts	W55	LOG	289/3	100	93	96
2	Ruth Ellis	W65	DVO	266/3	90	88	88
3	Clare Hanna	W55	LOG	179/2		90	89
4	Trudy Crosby	W60	LOG	173/2		87	86
5	Sal Chaffey	W55	DVO	100/1		100	
6	Sue Russell	W55	DVO	93/1	93		
7	Jane Kayley-Burgess	W60	DVO	91/1		91	
8	Val Johnson	W60	DVO	91/2	0		91
9	Joanne Nell	W55	RAFO	90/1			90
10	Ursula Williamson	W55	LEI	89/1		89	

Ultravet Men

	Name		Club	Best 4	UL1	UL6	UL8
1	Kevin Gallagher	M70	LEI	260/3	83	87	90
2	Jeffrey Baker	M65	LOG	253/3	86	85	82
3	Mike Godfree	M70	DVO	252/3	87	86	79
4	Dave Skidmore	M70	DVO	233/3	72	77	84
5	Graham Johnson	M65	DVO	196/3	0	100	96
6	Roger Edwards	M70	LEI	173/2	89	84	
7=	Ian Wells	M65	RAFO	169/2		82	87
7=	Martin Wheeler	M65	LOG	169/2		83	86
9	Geoff Gibbs	M75	LOG	152/2		74	78
10	Michael Napier	M65	NOC	100/1	100		

Ultravet Women

	Name		Club	best 4	UL1	UL6	UL8
1	Liz Godfree	W70	DVO	289/3	100	93	96
2	Maureen Webb	W65	LEI	265/3	81	91	93
3	Jen Gale	W70	DVO	260/3	84	88	88
4	Tricia Neal	W70	NOC	178/2		89	89
5	Ann Armistead	W70	DVO	91/1	91		
6	Diane Blount	W70	DVO	90/1	90		
7	Viv Macdonald	W65	DVO	87/1	87		

Hypervet Men

	Name		Club	Best 4	UL1	UL6	UL8
1	Doug Dickinson	M75	DVO	300/3	100	100	100
2	John Woodall	M80	NOC	268/3	90	87	91
3	Derek Gale	M75	DVO	192/2		96	96
4	Rex Bleakman	M75	DVO	96/1	96		

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Hypervet Women

	Name		Club	best 4	UL1	UL6	UL8
1	Pauline Ward	W75	DVO	91/1	91		

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East Midlands League 2020 / 2021

The tables below provide the latest standings for the EMOA League 2020 2021. The best 8 scoring events counting towards the league. Tables below are based on latest standing in league counting in at least 2 events, scoring more than 1000 points in total, and in the top 10 for that class.

There have been 7 events so far, not enough to constitute a full league. The likelihood is that we will also lose events early in 2021 so the league will be a merged league across the 2 years with 50% plus one events counting (e.g. if 12 or 13 events in total then 7 events will count, if 14 or 15 events then 8 events will count, etc.).

The events included in the League for 2020 so far are:

1 - 5th Jan - Strawberry Hill (NOC)

2 - 12th Jan - Castle Hill (LEI)

3 - 2nd Feb - Harlaxton (LOG)

4 - 8th Feb - Bramcote Hills (NOC)

5 - 23rd Feb - Lindop Woods (DVO)

6 - 8th Mar - Linacre (DVO)

12 - 25th Oct - Grangewood (DVO)

Events lost are:

7 - Outwoods (LEI)

8 - Martinshaw (LEI)

9 - Black Rocks (DVO)

10 - Kedleston Hall (DVO)

11 - Burbage Common (LEI)

13 - Boundary Wood (NOC)

14 - Hardwick Park (DVO)

15 - Bagworth Common (LEI)

16 - Walesby (NOC)

White - Male

Name	Club	Age	1	2	3	4	5	6	12	scores	Pos.
George Selby	DVO	M10			1000			1000		2000	1

Yellow - Male

Name	Club	Age	1	2	3	4	5	6	12	scores	Pos.
Lewis Bones	LOG	M12		1000		1000				2000	1

Orange - Male

or ange mane											
Name	Club	Age	1	2	3	4	5	6	12	scores	Pos.
Sam Jones	NOC	M14	1000		1000	1000			1000	4000	1
John Cooke	DVO	M70	651			386	1000	432		2469	2
Adam Cladingboel	LEI	M20		351		398		554		1303	3

Orange - Female

Name	Club	Age	1	2	3	4	5	6	12	scores	Pos.
Karen Matthias	LEI	W50	671		1000	1000				2671	1
Alexa Lindsay	DVO	W14		1000			1000			2000	2
Alice Woodward	DVO	W14						1000	476	1476	3

Light Green - Male

Name	Club	Age	1	2	3	4	5	6	12	scores	Pos.
Ben Glover	LEI	M14	1000	1000			1000			3000	1
Andrew Shearing	DVO	M45					494	1000		1494	2

Light Green - Female

Name	Club	Age	1	2	3	4	5	6	12	scores	Pos.
Tricia Neal	NOC	W70		397	1000	703				2100	1
Alison Hayes	DVO	W55	1000			894				1894	2
Sarah Parkin	DVO	W45						1000	866	1866	3
Robyn Jarvis	LEI	W14				936	612			1548	4

Short Green - Male

Name	Club	Age	1	2	3	4	5	6	12	scores	Pos.
John Palmer	NOC	M70	865	782	965	924		1000	931	5467	1
John Woodall	NOC	M75	681		708	678	657	662	902	4665	2
Kevin Gallagher	LEI	M70	885	978			780	916		3559	3
Ranald Macdonald	DVO	M65	823		811	886		877		3397	4
Peter Leake	LEI	M75				712	791	868	1000	3371	5
Andy Hawkins	DVO	M70				1000		988	985	2973	6
Matt White	LEI	M50	764		1000	991				2755	7
Ernie Williams	LEI	M75		513	785			634	744	2676	8
Chris Phillips	LEI	M70	636			698	516	663		2483	9
Peter Chick	LEI	M75	1000	693					751	2444	10

Short Green - Female

Name	Club	Age	1	2	3	4	5	6	12	scores	Pos.
Ruth Ellis	DVO	W65	759	869	811	849		554	782	4624	1
Viv Macdonald	DVO	W65	852		1000	969		817		3638	2
Jen Gale	DVO	W70	649	877	745			566	671	3508	3
Christine Middleton	DVO	W70				893	704	668	729	2994	4
Pauline Ward	DVO	W75				897	895	785		2577	5
Helen Finlayson	DVO	W75	1000			936		624		2560	6
Ann Armistead	DVO	W70	783			1000		693		2476	7
Diane Blount	DVO	W70			858		848	579		2285	8
Trudy Crosby	LOG	W60			753		820		690	2263	9
Elaine Smith	NOC	W60	751			641	859			2251	10

Green - Male

Name	Club	Age	1	2	3	4	5	6	12	scores	Pos.
Doug Dickinson	DVO	M75	1000	1000	1000			1000	940	4940	1
Michael Lindsay	DVO	M70	806	635		699	730	802		3672	2
Roger Edwards	LEI	M70	844		932	1000			760	3536	3
Jeffrey Baker	LOG	M65	608	619	705	789	761			3482	4
Andrew Middleton	DVO	M70				929		824	978	2731	5

Andy Portsmouth	LEI	M65	770	639	600	705				2714	6
Dave Skidmore	DVO	M70	674	650	641	693				2658	7
Peter Chorleton	NOC	M65	660			591	545	724		2520	8
Paul Young	DVO	M40	498	515		702		605		2320	9
Jonathan Lee	LEI	M55	411	384		438		466	378	2077	10

Green - Female

Name	Club	Age	1	2	3	4	5	6	12	scores	Pos.
Amanda Roberts	LOG	W55	890	1000	1000	1000	936		762	5588	1
Liz Godfree	DVO	W70	1000			770		1000	860	3630	2
Rachel Davis	DVO	W55	641	748	700	705		660		3454	3
Jane Kayley-Burgess	DVO	W60	831	920	777	827				3355	4
Jane Dring-Morris	LEI	W50	703	739	628			628	651	3349	5
Ursula Williamson	LEI	W55	694		614	715	675	593		3291	6
Hannah Mather	LOG	W14	718		801	929				2448	7
Joanne Nell	RAFO	W55	863	701	796					2360	8
Claire Selby	DVO	W45			741			682	732	2155	9
Alison Wright	LOG	W35			690	636		571		1897	10

Blue - Male

Name	Club	Age	1	2	3	4	5	6	12	scores	Pos.
Francesco Lari	DVO	M55	719	898	877	884	714	793	793	5678	1
John Hurley	DVO	M65	859	943	858	860	695	869		5084	2
John Hopper	DVO	M65	803	850	881	780		754	753	4821	3
Andrew Ridgway	NOC	M55	741	835	905	666		817	736	4700	4
Paul Morris	NOC	M60		964	939	906		956	851	4616	5
Steve Schofield	NOC	M55		890		843	693	912	715	4053	6
Dave Denness	LEI	M60		1000	941		745	878		3564	7
Alastair Paterson	LEI	M50	567	701	785	708			634	3395	8
Mike Gardner	DVO	M60	673		845		546	676	628	3368	9
James Prince	DVO	M50	615	653			638	737	641	3284	10

Blue - Female

Name	Club	Age	1	2	3	4	5	6	12	scores	Pos.
Tanya Taylor	LOG	W45	777	880	1000	1000	1000	1000	1000	6657	1
Nicola Hart	DVO	W55	759	886		609	753			3007	2
Tracey Brookes	LEI	W55	800		653	691				2144	3
Sal Chaffey	DVO	W55	1000			813				1813	4
Jennamari Terava	DVO	W21						605	597	1202	5

Brown - Male

Name	Club	Age	1	2	3	4	5	6	12	scores	Pos.
Nerijus Rozkovas	DVO	M21	706	805	696	821	885	736	565	5214	1
Craig Lucas	LOG	M21	638	762	821	732		756		3709	2
Philip Johnston-Davis	RAFO	M45	765	908		861	1000			3534	3
Richard Robinson	NOC	M35	939		1000			980		2919	4
Richard Parkin	DVO	M50	1000					1000	903	2903	5
Richard Dearden	NOC	M50	907		925		960			2792	6
James Rogers	LEI	M21	662	887		937				2486	7
Mark Goodhead	DVO	M21	692	710			710			2112	8
Edward De Salis Young	LEI	M50		1000				863		1863	9
David Sissons	NOC	M45			594	573		548		1715	10

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Fixtures

This fixture list is intended to list all major events in the UK, and all East Midlands events. It includes all the information available to me about the event at the time of going to press. Details on entry are normally available on the club sites. Unless otherwise stated, Local events offer entry on the day (EOD) to a range of colour coded courses with start times from 10:30 to 12:30. Some will provide a wider range of courses than others. Regional events provide colour coded within which age classes can be run. National events provide a range of age related courses and are normally entered in advance.

The OS map reference is either the car park or point from which the event will be signposted. The list is based on BOF registration, but events are sometimes cancelled. If you are uncertain of whether an event will be on, check with the organiser. The editor takes no responsibility for wasted journeys. Given much of EMOA is in Tier 3 as this is produced the recommendation is NOT to travel outside your area, so in many cases events may only be for club members

January

Fri 1 st	LEI Winter League 5	Local	<u>LEI</u>	EM	Moira Furnace	Ashby	SK313152
Thu 7th	Tech Training	Act	LOG	EM	South Common	Lincoln	
Sun 10th	TVOC Regional Event & SCOL 1	Reg	TVOC	SC	<u>Bradenham</u>	High Wycombe	SU822973
Tue 12th	LEI Winter League 6	Local	<u>LEI</u>	EM	Burbage South, Night Event	Hinckley	SP451941
Thu 14th	Kirk Hallam, Ikeston MapRun	Act	DVO	EM	Kirk Hallam Stake Park (free car park)	llkeston	
Thu 14 th	Tech Training	Act	LOG	EM	Riseholme	Lincoln	
Sun 17 th	East Midlands Championships 2020 (re-arranged)	Reg	<u>LEI</u>	EM	Hanging Hill, Boothorpe and Pick Triangle	Ashby	
Sun 17 th	SYO Regional Event	Reg	SYO	ΥH	West Haigh	Barnsley	SE429085
Thu 21st	Tech Training	Act	LOG	EM	West Common	Lincoln	
Sun 24 th	The Robin Hood Trophy	Nat	NOC	EM	Clumber Park	Worksop	
Sun 24 th	Cromer Ridge Heath	Reg	NOR	EA		North Norfolk	
Thu 28 th	Tech Training	Act	LOG	EM	Hartsholme Park	Lincoln	
Sun 31st	LEI Winter League 7	Local	<u>LEI</u>	EM	Irchester Country Park	Wellingborough	SP911658
Sun 31st	EM Urban League 2021 (rearranged from 3/1/21 subject to permission and lifting of restrictions)	Reg	DVO	EM	<u>Melbourne</u>	Melbourne	SK377250

February

Wed 3 rd	Fight the Night	Local	LOG	EM	5	Lincoln	
Sat 6th	GO SE League Event & SE Middle Champs	Nat	<u>GO</u>	SE	Redlands	Dorking	

Sat 6 th	YHOA Night League	Reg	SYO	YH	Blacka Moor	Sheffield	SK285795
Sat 6 th	Swadlincote Woodlands Local Event	Local	DVO	EM	Swadlincote Woodlands	Swadlincote	SK305193
Sun 7 th	Southern Championships	Nat	MV	SE	South Ashdown	Crowborough	TQ437302
Sun 7 th	WCH CC Event Shoal Hill	Local	WCH	WM		Cannock	
Sun 7 th	Regional Event	Reg	SYO	YH	Blacka Moor	Sheffield	SK285795
Tue 9 th	LEI Winter League 8	Local	<u>LEI</u>	EM	Bennion Pools Night Urban	Leicester	SK571090
Wed 10 th	Fight the Night	Local	LOG	EM		Lincoln	
Sat 13 th	Icenian 2021	Reg	CUOC	EA		Brandon	
Sun 14 th	Mildenhall North	Reg	WAOC	EA	Mildenhall North	Mildenhall	
Sun 14 th	East Midlands League 2021	Reg	<u>LEI</u>	EM	Beacon Hill	Loughborough	
Wed 17 th	Fight the Night	Local	LOG	EM		Lincoln	
Sat 20 th	British Night Championships (UKOL)	Major	NGOC	SW	Cleeve Hill	Cheltenham	SO989271
Sun 21st	East Midlands League 2021	Reg	NOC	EM	Calverton and Watchwood	Nottingham	
Sun 21st	BNOC Weekend - Sunday event	Reg	NGOC	SW	Cleeve Hill	Cheltenham	SO989271
Wed 24 th	Fight the Night	Local	LOG	EM		Lincoln	
Sun 28 th	EM Championships 2021	Nat	DVO	EM	Stanton Moor	Darley Dale	

March

Sun 28 th	East Midlands League 2021	Reg	NOC	EM	Thoresby	Nottingham	
Sun 28 th	Yvette Baker Trophy Qualifier Inc WML - Bentley Wood (TBC)	Local	<u>OD</u>	WM	Bentley Woods	Atherstone	SP291966
Sun 21st	SYO Regional Event	Reg	<u>SYO</u>	YH	Canklow	Rotherham	
Sun 14th	TVOC Chiltern Challenge National Event	Nat	TVOC	SC	Hambleden	Henley	
Sun 7th	British Relay Championships 2021- provisional rearrangement from 2020	Major		SE	Iron Hill and Parkgate Rough	South East	SU850296
Sat 6th	British Orienteering Championships 2021 (UKOL) - prov rearrangement from 2020	Major		SE	Golden Valley & Cognor Wood	Haslemere	SU850296

<u>A</u>pril

Sun 11th	East Midlands League 2021	Reg	LOG	EM	Stoke Rochford	Grantham	
Sun 4 th	Acorn Weekend	Nat	CLOK	NE	Pickering	Pickering	
Sat 3 rd	Acorn	Reg	CLOK	NE	West Sneaton	Whitby	NZ897028

Sat 17 th	NOC - Out Sprint	Local	NOC	EM	Bestwood Estate	Nottingham	
Sun 18 th	EM Urban League 2021	Reg	DVO	EM	Belper	Belper	
Wed 21st	Lincolnshire Poacher 1 - Osgoodby	Local	HALO	YH	Osgoodby Woods	Market Rasen	<u>TF093918</u>
Sun 25 th	Regional Event	Reg	HALO	YH	Houghton Moor	Market Weighton	
Sun 25 th	WAOC Urban Huntingdon	Reg	WAOC	EA	<u>Huntingdon</u>	Huntingdon	
Sun 25 th	East Midlands League 2021	Reg	<u>LEI</u>	EM	Martinshaw Woods	Leicester	
Wed 28 th	Lincolnshire Poacher 2 - Hendale	Local	HALO	YH	Hendale Woods	Caistor	TA107067

May

Muy							
Sun 2 nd	Regional Event	Reg	SYO	YH	Wombwell	Barnsley	SE367028
Wed 5 th	Lincolnshire Poacher 3 - Twigmoor Woods	Local	HALO	ΥH	Twigmoor Woods	Scunthorpe	SE934061
Sat 8 th	British Orienteering Middle Champs	Major		NW	Summerhouse Knott	Newby Bridge	
Sun 9 th	Northern Championships	Nat	MDOC	NW	High Dam	Kendal	
Wed 12 th	Lincolnshire Poacher 4 - Mausoleum Woods	Local	HALO	ΥH	Mausoleum Woods	Brigg	TA133087
Sun 16 th	East Midlands League 2021	Reg	DVO	EM	Calke Park	Derby	
Wed 19 th	Lincolnshire Poacher 5 - Swallow Vale	Local	HALO	YH	Swallow Vale	Caistor	TA173042
Sun 23 rd	EM Urban League 2021	Reg	<u>LEI</u>	EM	Barrow on Soar	Loughborough	
Wed 26 th	Lincolnshire Poacher 6 - Normanby Le Wold	Local	HALO	ΥH	Normanby Le Wold	Caistor	TF122947
Sun 30th	SINS Day 2 and Midlands Champs (UKOL)	Nat	WRE	WM	To be Confirmed	Shrewsbury	
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June

Wed 2 nd	Lincolnshire Poacher 7 - Weelsby Woods	Local	HALO	ΥH	Weelsby Woods	Grimsby	
Sun 6 th	EM Urban League 2021	Reg	NOC	EM	Retford	Retford	
Sat 12 th	Coventry Weekend Super Sprint Event (Provisional)	Nat	<u>OD</u>	WM		Rugby	
Sun 13 th	Coventry Urban European City Race Tour (Provisional)	Nat	<u>OD</u>	WM	Coventry City	Coventry	
Sat 19 th	British Sprint Relay Championships	Major	<u>DEE</u>	NW	Skelmersdale	Skelmersdale	
Sun 20 th	British Sprint Championships (UKOL)	Major		NW	Skelmersdale	Skelmersdale	
Sun 27 th	Harvester Relays - provisional	Nati	<u>FVO</u>	SOA		Forth Valley	